

NEWS RELEASE

From the Brodhead Watershed Association

FOR IMMEDIATE RELEASE

Friday, April 28, 2017

Hike at pure, picture-perfect Lacawac Lake

The 545-acre Lacawac Sanctuary near Lake Ariel, Pa., contains many natural wonders. On Saturday, May 20, a guided hike will lead to its crown jewel: pristine Lake Lacawac, formed by a mile-high glacier 10,000 years ago, during the last Ice Age.

The hike is free and part of the Get Outdoors Poconos series hosted by Brodhead Watershed Association.

On the journey to the 52-acre lake, hikers will enjoy an easy, well-marked, wide and mostly level trail. Wildlife sightings may include nesting ospreys, hooded mergansers, turtles and beavers. Flora includes wildflowers such as trout lilies, columbine, elderberry and Quaker ladies – as well as rock tripe, reindeer moss and many other varieties of lichen.

After Lake Lacawac comes another reward for hikers – a spur in the trail leads to a lichen-covered rock ledge and a bench with a view of Lake Wallenpaupack, a sheer drop of 250 feet below.

HIKE EVENT

WHAT: Carol Hillestad will lead a moderate 3-mile hike.

WHEN: 10 a.m. Saturday, May 20, 2017

WHERE: Meet at Lacawac Sanctuary parking lot. On Route 507 North, pass under Route 84. From the underpass, go six-tenths of a mile. You will see a brown Lacawac Sanctuary sign, indicating your left turn onto Ledge Dale Road (no street sign). Continue following the brown Lacawac Sanctuary signs. Pass through Sterling Marina, go two-tenths of a mile and go right on the unpaved Sanctuary Road to the sanctuary parking.

COST: Free, but registration is required. Please register early; this hike is limited in size.

INFORMATION: Call 570-839-1120 or 570-629-2727; email info@brodheadwatershed.org. For information about this and other hikes in the free Get Outdoors Poconos series, go to brodheadwatershed.org/gopoconos. The hike series is administered by Brodhead Watershed Association and supported by a grant from the William Penn Foundation.

Brodhead Watershed Association is a nonprofit environmental organization formed in 1989. BWA is dedicated to protecting and preserving water resources and the environment of the Brodhead watershed, and the water quality of the Brodhead, Cherry, Marshalls, McMichael, Paradise and Pocono creeks and their tributaries. BWA assists municipalities, residents, businesses and groups with protecting natural resources through education, workshops, seminars, public programs and stream monitoring. For information: info@brodheadwatershed.org or 570-839-1120.