

NEWS RELEASE

From the Brodhead Watershed Association

FOR IMMEDIATE RELEASE

Tuesday, April 14, 2020

Download photo here:

<https://drive.google.com/file/d/19c9rMr19xtMnZkdhmLvEoplqHcGeEGfT/view?usp=sharing>

Cutline: Looking through leafless trees and the remains of oaks killed by gypsy moth, Delaware Water Gap is in the distance. (Carol Hillestad photo)

VIRTUAL HIKE: A new point of view at Cresco Heights

While large-group hikes have become a temporary casualty of the coronavirus, Brodhead Watershed Association offers an armchair adventure to Cresco Heights in Monroe County, Pa., via video (see below for links).

Then, armed with trail information and a yen to get outdoors, hike the Heights yourself, remembering to keep at least 6 feet away from other hikers.

There, you might get a new point of view from a lichen-covered rock bluff at 1,700 feet, bare except for pitch pines, grasses and scrub oaks.

The leaves are off the trees, opening up a 180-degree view. To the east, is the long sweep of ridgeline above the wild and scenic Delaware River. Then Delaware Water Gap with a sliver of New Jersey beyond, followed by the slopes at Camelback with early snow, Wind Gap, and south along the Appalachian Trail.

A woods road of solid rock leads past lichens like pixie-cup, British soldier, and reindeer “moss” grow in the crevices. Next comes a variety of pincushion mosses and evergreen ferns, a small bird’s nest, titmice and juncos. An eagle glides by.

Quite a different view than the one from your couch.

VIRTUAL HIKE

- For the virtual hike, go to BWA’s YouTube channel at <https://youtu.be/VCTJAEBJhVs>. Special thanks to Tom Gregory of Pocono Mountains Visitors Bureau for the videography.
- Go to brodheadwatershed.org/gopoconos for information on Cresco Heights as well as other hikes in the Get Outdoors Poconos series. The series is administered by Brodhead Watershed Association and supported by a grant from the William Penn Foundation.

Brodhead Watershed Association is a nonprofit environmental organization formed in 1989. BWA is dedicated to protecting and preserving water resources and the environment of the Brodhead watershed, and the water quality of the Brodhead, Cherry, Marshalls, McMichael, Paradise and Pocono creeks and their tributaries. BWA assists municipalities, residents, businesses and groups with protecting natural resources through education, workshops, seminars, public programs and stream monitoring. For information: info@brodheadwatershed.org or 570-839-1120.

