

# NEWS RELEASE

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From the Brodhead Watershed Association

## **FOR IMMEDIATE RELEASE**

Wednesday, February 21, 2018

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Download photo here: <https://1drv.ms/u/s!AlusXBZdArEwnhWXwEzBC7J3XoDG>

Credit Carol Hillestad

## **HIKE EVENT: Cherry Valley's Ridge Trail**

Cherry Creek meanders for 15 miles through Cherry Valley and into Delaware Water Gap, and is often easily accessible. But to see the headwaters of this lovely little creek takes some effort.

Brodhead Watershed Association will host a hike to the headwaters on Saturday, March 17, as part of the free Get Outdoors Poconos series.

A kiosk with a trail map welcomes hikers to the 184 acres of the Ridge Nature Trail, part of the Cherry Valley National Wildlife Refuge.

After a scramble up to the ridge, stop to catch your breath at the top, where long, ridge-to-ridge views will reward your effort.

A woods road trail leads through a field studded with eastern red cedars. Many animals visit this wild banquet hall, smack in the middle of the Atlantic flyway. Birds love the cedars' tiny blue "berries" (actually odd-looking cones), as do many mammals such as meadow mice, rabbits, foxes, possums and coyotes. And white-tailed deer, of course!

"Headwaters" is a grand term for the mossy rock pool where Cherry Creek begins. From this still, secluded place, these waters make their way to the wide Delaware River, to become drinking water for 15 million people. This high, preserved and protected land helps keep that water safe and pure. A visit is worth the effort.

### **HIKE EVENT**

Join hike leader Carol Hillestad for a challenging hike of about 2 miles.

**WHEN:** 10 a.m. Saturday, March 17, 2018

**COST:** Free, but registration is required. Directions will be provided upon registration.

**INFORMATION:** Call 570-839-1120 or 570-629-2727; email [info@brodheadwatershed.org](mailto:info@brodheadwatershed.org). For information about this and other hikes in the free Get Outdoors Poconos series, go to [brodheadwatershed.org/gopoconos](http://brodheadwatershed.org/gopoconos). The hike series is administered by Brodhead Watershed Association and supported by a grant from the William Penn Foundation.

Brodhead Watershed Association is a nonprofit environmental organization formed in 1989. BWA is dedicated to protecting and preserving water resources and the environment of the Brodhead watershed, and the water quality of the Brodhead, Cherry, Marshalls, McMichael, Paradise and Pocono creeks and their tributaries. BWA assists municipalities, residents, businesses and groups with protecting natural resources through education, workshops, seminars, public programs and stream monitoring. For information: [info@brodheadwatershed.org](mailto:info@brodheadwatershed.org) or 570-839-1120.