

## Helen Keller's advice about climate change and the Family Forest Program

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Helen Keller was a writer, speaker, and advocate for the rights of disabled people. She lost her sight and hearing before she was two years old. She said this about the importance of individual action:

"I am only one, but still I am one. I cannot do everything, but still I can do something...I will not refuse to do the something that I can do."

She wasn't speaking about climate change. But as a general principle, her advice is still sound. And there are plenty of ways we, regular people, can help in the fight against climate change.

Some are easy, and save money, like turning down the thermostat a few degrees at night, combining errands and visits to friends to save on gas, and sealing cracks and air leaks around windows and doors.

Others take more effort and cash up-front to get bigger, long-term savings, like swapping out your creaky old furnace for a heat pump, or finding out if your place is a good candidate for solar panels.

And if you have 30 acres of forest or more, you have a special way to help.

Forests cover a quarter-billion acres of land in the U.S. A lot of that is state and national forests and parks — huge swathes of woodlands. But family-owned forests account for 39 percent of our country's forested land. That offers big potential to take advantage of "carbon markets" — if you know how.



Starting from square one is technically challenging, and very time-consuming. You can skip the learning curve, with the Family Forest Carbon Program — a complete resource for landowners.

The program provides all the advice and tools you need. Developed by the American Forest Foundation and The Nature Conservancy, the Family Forest Carbon Program enables you to access carbon markets, putting your forest to work to help slow climate change, while earning income from your land.

Naysayers will tell you it's not a lot of money. And that's true! Nobody is getting rich off the Family Forest Carbon Program. But every family that takes part is helping slow climate change — and protect their kids' future.

If nothing else, you'll be tending your land win a way that protects drinking water!

It can't hurt to find out more. Start here: https://familyforestcarbon.org When lots of people work together, amazing things happen. Skeptical about climate change?

Check this out: https://www.ucsusa.org/climate/disinformation

Big things happen when people work together to protect our home planet.