# **NEWS RELEASE**

# From the Brodhead Watershed Association

### FOR IMMEDIATE RELEASE

Wednesday, November 22, 2017

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Credit Nancy J. Hopping

# HIKE EVENT: New, challenging outdoor fun at West End Regional Park

The 244-acre West End Regional Park owned by Chestnuthill Township, in northeastern Pennsylvania, features a variety of trails – including a flat, handicapped-accessible path, exercise stations throughout, and meadow and woodland trails. A recent addition built by volunteers adds even greater appeal: a network of single-track trails to challenge mountain bikers and hikers.

Brodhead Watershed Association will host a guided hike at 10 a.m. Sunday, Dec. 17, for a moderate to challenging hike of about 2 miles exploring the new network.

Starting upslope along an open field, the trail includes beautiful views, a wooded detour, a bubbling creek with rockwall dam, and unusual finds such as antique farm equipment left to rust. Signs of the large tree nursery that once flourished here remain.

Trails cross and loop among the trees to create challenges for mountain bikers. Uphill and down, they make for challenging and exhilarating hiking, too.

#### **HIKE EVENT**

Join Brodhead Watershed Association hike leader Carol Hillestad for this moderate to challenging hike of about 2 miles.

WHEN: 10 a.m. Sunday, December 17, 2017

**COST:** Free, but registration is required. Directions will be provided upon registration.

**INFORMATION:** Call 570-839-1120 or 570-629-2727; email info@brodheadwatershed.org. For information about this and other hikes in the free Get Outdoors Poconos series, go to brodheadwatershed.org/gopoconos. The hike series is administered by Brodhead Watershed Association and supported by a grant from the William Penn Foundation.

Brodhead Watershed Association is a nonprofit environmental organization formed in 1989. BWA is dedicated to protecting and preserving water resources and the environment of the Brodhead watershed, and the water quality of the Brodhead, Cherry, Marshalls, McMichael, Paradise and Pocono creeks and their tributaries. BWA assists municipalities, residents, businesses and groups with protecting natural resources through education, workshops, seminars, public programs and stream monitoring. For information: <a href="mailto:info@brodheadwatershed.org">info@brodheadwatershed.org</a> or 570-839-1120.